



Shebahl Skills and Support Services

Community Support Services

Safe, Compassionate, Person-Centred Care



Welcome To

Shebahl Skills and Support Services

At Shebahl Skills and Support Services, our Community Support provision is fully person-centred, offering flexible and responsive assistance tailored to the unique challenges faced by vulnerable children and their families.



Safe

We specialise in creating safe, nurturing professional support through a range of targeted interventions, ensuring every child, from newborns to young adults over 18, receives the care they deserve.



Supporting Parents & Guardians

Our holistic approach extends to parents and guardians, offering guidance and practical support to foster stability and prevent escalation of risks.



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School Runs: Safe and Reliable Journeys

We recognise that predictable routines are essential for a child's emotional security, behaviour, and overall development. That is why our team takes full responsibility for reliable, punctual school drop-offs and collections, reducing the stress and inconsistency that can undermine a child's day.

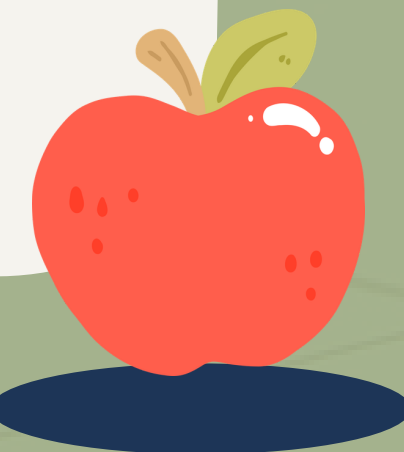


Reduces Pressure

Provides safeguarding through safe, consistent, and professionally monitored school journeys.

Our staff do far more than act as chaperones—they create a calm, structured, and reassuring transition between home and school, helping children settle at the start of the day and decompress afterwards. During these journeys, we observe mood, behaviour, communication, and any subtle changes that may indicate deeper concerns.

These informal yet purposeful check-ins allow us to identify early warning signs such as fatigue, anxiety, withdrawal, and heightened emotions, before they escalate. We mentor children throughout the journey and provide relevant insights to parents and professionals so potential concerns are addressed promptly.



Family Support: Home Support: Building Secure Foundations

Inside the family home, our support is focused on stability, structure, and genuine improvements to day-to-day functioning. We do not hover in the background; we work directly with families to strengthen routines, build consistency, and address behaviours or gaps that place children at risk and can lead to family breakdown.



Healthy Practices

Whether supporting meal preparation, hygiene routines, school readiness, bedtime structure, or conflict management, our staff model safe, healthy practices while guiding parents to take responsibility and develop confidence in their own skills. We challenge ineffective habits and reinforce approaches that create a safer, calmer home environment.



Development

For younger children, our intervention includes play-based developmental activities, emotional regulation support, and attachment-building through positive interactions. For teenagers, the focus shifts to life skills, decision-making, boundaries, communication, and early independence.

Everything we do centres on strengthening family bonds while addressing risks honestly and constructively. We identify what works, confront what doesn't, and help families create a home environment where a child's safety, emotional wellbeing, and daily needs are consistently met.

Mentoring, Observation and Community

Support: Eyes on Progress

Support Beyond the Home

Our support does not stop at the front door. We extend our work into real community environments, parks, youth clubs, gyms, shops, libraries, appointments, and any setting where a child's behaviour, safety, and social development can be meaningfully assessed. In these spaces, we closely monitor interactions, risk factors, and decision-making, giving children the freedom to engage while ensuring they are never exposed to avoidable harm. When needed, we offer discreet, timely guidance to help them navigate social situations, manage boundaries, and respond appropriately to peers and adults.

Turning Observation into Positive Change

Every observation is purposeful. We track patterns, identify strengths, highlight concerns, and assess how the child copes outside the structured environment of home support. Parents and carers remain fully included; we provide clear feedback, shared insights, and collaborative planning so progress made in the community translates into improved routines, safer behaviours, and better outcomes at home.

The result: children gain real-world confidence, develop practical social skills, and safely explore everyday environments, while adults benefit from respite, clarity, and the guidance needed to reinforce progress and manage risks.



Contact Supervision: Facilitating Positive Connections

Family contact and supervised visits can be tense, unpredictable, and emotionally demanding, especially for children already experiencing instability in their lives. Our supervisors do far more than simply oversee these sessions, they actively manage the environment to keep it neutral, safe, and genuinely supportive for the child.

We set clear boundaries, maintain professional control, and ensure every interaction remains focused on the child's emotional wellbeing. Our staff facilitate communication that encourages positive engagement while preventing any unsafe behaviour, pressure, or distress.

Throughout each session, we remain alert to the child's body language, emotional responses, coping strategies, and overall presentation, ensuring their comfort and voice remain at the centre of the process.

After contact, we produce precise, factual, behaviour-based reports, not softened summaries. These documents give social services a clear picture of what occurred, how the child responded, and any safeguarding or relational concerns that require attention. They also help parents understand the impact of their interactions and how future contact can be improved.





Hospital Support: Compassionate Care in Crisis

During any hospital stay or medical appointment, we provide consistent, stabilising support that reduces anxiety and helps the child remain safe, calm, and emotionally grounded. Our staff stay present throughout the entire process, from navigating check-ins and explaining procedures in a child-friendly way, to offering reassurance and maintaining safe boundaries. We also liaise directly with healthcare professionals to ensure nothing is missed, misunderstood, or overlooked.

We manage the practical side too: logistics, communication, coordination, and safety monitoring, ensuring the child is never left unattended or unsupported at any point.

This support extends to parents as well. When needed, we provide respite, advocacy, and structured planning for post-discharge care to make the child's return home safe, manageable, and fully guided.

Every aspect of this service is delivered with maximum flexibility. We work alongside the medical team within contractual requirements, whether providing one-to-one support on the ward, assisting during a single appointment, or helping manage longer-term medical involvement. Through it all, the child's needs, safety, and wishes remain at the centre of every decision and action.

Comprehensive Reporting



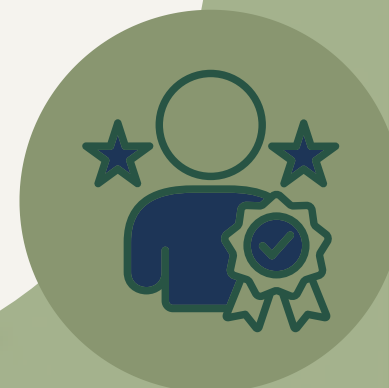
After every session, our staff complete a thorough, unbiased, and professionally structured report. There is nothing vague or padded, only clear, evidence-based information that can be confidently relied upon and legally defended. Each report details the child's behaviour, presentation, emotional state, interactions, responses to support, and any notable changes or emerging patterns. We also record parental engagement, the quality of contact, environmental factors, and any immediate or subtle safeguarding concerns.

These reports provide social workers with a sharp, accurate picture of what is happening around the child, supporting risk assessments, guiding next steps, and strengthening longer-term care planning. Our documentation delivers the clarity needed to make safer, better-informed decisions

Our team is made up of high-calibre professionals, many of whom hold master's degrees in a range of relevant disciplines from reputable UK universities. Every staff member holds at least a Level 3 Diploma in Health and Social Care, with many progressing to Level 4 and 5. This ensures that each practitioner begins with the competence, discipline, and technical foundation required to work safely and effectively with vulnerable children and families.

But qualifications alone are not enough. We invest continuously in specialist training, including safeguarding legislation, trauma-informed practice, de-escalation, cultural competence, professional boundaries, and behaviour management.

The needs of vulnerable children are complex, so our team is kept fully up to date with emerging research, national standards, and best practice.



Committed to Excellence: Our Qualified Team

This ongoing development ensures our interventions are evidence-driven, effective, and accountable, not guesswork.

Our Safer Recruitment policy and employment culture have resulted in very low staff turnover, allowing consistency of support and strong rapport with families and partners.

All staff have a minimum of three years' experience with our client groups and hold an Enhanced DBS.

The result is a workforce capable of delivering consistent, safe, and high-impact support, even in challenging or rapidly changing situations.

Safeguarding and Wellbeing: Our Unwavering Priority

Safeguarding and child wellbeing are the non-negotiables that underpin every decision we make. We operate with a zero-tolerance approach to risk, no excuses, no blind spots, and no “it will be fine.” Protective measures are built into every task we carry out, from routine activities to high-pressure situations, ensuring harm is prevented rather than reacted to.

Whether we are supporting a child on a busy hospital ward, supervising contact, or guiding a family through a quiet moment at home, our focus remains absolute: a child’s safety, dignity, and emotional security always come first.

We do not just protect; we strengthen. Our practice promotes resilience, trust, and healthy development, giving children the stability they need to grow and the confidence to thrive. At the same time, we equip families with the insight, structure, and accountability required to create safer, more nurturing environments.





Training and Feedback

Staff training: Mentoring, Autism, family intervention, report writing, Health and Safety, Fraud Awareness, Crisis intervention and more.



Full of Love

We provide a nurturing environment filled with love and care

Feedback

- We obtain feedback from Young persons and their Social workers, IRP PA, at the time of stepping down from SIA.
- We also receive emails of positive feedback from Social workers and their managers intermittently for their appreciation of the outcome of our support of their young persons placed with us.
- We send out feedback forms periodically to Social Services for their young persons placed with us, as part of our continuous service improvement and integration, centred around the interests of the young persons in our care.

Feedback - Community Support:

As above, including plus visits to clients' homes periodically arranged through their social worker for a face-to-face feedback that, in most cases, include the young person, depending on age and preference of the Adult in the household.



Contact Us

Safeguarding isn't a policy for us—it's the backbone of our entire service,
and the standard we refuse to compromise on

Ready to access personalised Community support?
Contact us today at:



Email

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SHEBAHL AT YOUR SERVICE
24/7

